

FOOD

INCLUDES A DRINK* 

Choose from over 150 drinks

Main menu 11.30am - 11pm

BREAKFAST

Served until 12 noon

Eggs Benedict 756 kcal

Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket

Mushroom Benedict 667 kcal

Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket

American-style pancakes – choose:

Four pancakes, banana, strawberries, blueberries, maple-flavour syrup.   694 kcal

Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal

Four pancakes, maple-flavour syrup.   554 kcal

Small American-style pancakes – choose:

Two pancakes, maple-cured bacon, maple-flavour syrup.  322 kcal

Two pancakes, maple-flavour syrup.    277 kcal

Scrambled egg on toast 570 kcal

Three eggs, white bloomer bread, butter spread

Beans on toast 566 kcal. White bloomer bread, butter spread

Vegan option available with vegan spread    460 kcal

Small beans on toast 252 kcal

White bloomer bread, butter spread

Two slices of toast with jam or marmalade 458 kcal

White bloomer bread, butter

Fresh fruit 186 kcal. Apple, banana, blueberries, strawberries

Fresh fruit and yoghurt 320 kcal

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

Porridge 253 kcal (plain)

Add-ons available at extra cost: Banana  (110 kcal); Maple-flavour syrup  (104 kcal)

Strawberries  (14 kcal); Blueberries  (17 kcal); Honey  (152 kcal); Sliced apple  (46 kcal)

Breakfast extras

Add any of the following, available at extra cost:

Baked beans  126 kcal Two scrambled eggs  136 kcal

Two mushrooms  94 kcal; Slice of toast  192 kcal; Poached egg  63 kcal

Small plates

Nachos 768 kcal

Cheese, guacamole, salsa, sour cream, sliced chillies

8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.

Margherita 475 kcal. Mozzarella, fresh basil

Spicy chicken 706 kcal

Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket

Pepperoni 556 kcal. Mozzarella, pepperoni

Ham and mushroom 512 kcal. Mozzarella, ham, mushroom, rocket

BBQ chicken 562 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket

Roasted vegetable 522 kcal

Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil

Vegan roasted vegetable 358 kcal

Mushroom, roasted pepper, courgette, onion, fresh basil

Spicy meat feast 606 kcal

Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

Curries

Katsu curry With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry 542 kcal

Sliced chicken breast

Simple curries With basmati pilau rice.

Simple sweet potato, chickpea & spinach curry 557 kcal

Simple chicken tikka masala 676 kcal

Simple chicken jalfrezi 564 kcal

Simple beef Madras 729 kcal

Deli Deals

All wraps, paninis and 8" pizzas are freshly made to order.

12" wraps

Shawarma chicken 712 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, coriander, rocket

Cold chicken breast 485 kcal

Salad leaves, sweet chilli sauce

Paninis

Cheddar cheese and tomato 604 kcal

Wiltshire cured ham and Cheddar cheese 580 kcal

BBQ chicken, bacon and Cheddar cheese 576 kcal

Tuna mayo and Cheddar cheese 581 kcal

8" pizzas

Choose any 8" pizza from the small plates section.

Add-ons available at extra cost: Side salad  (111 kcal); Spicy rice   (203 kcal)

Jacket potatoes

With salad and one filling. Extra fillings available at extra cost.

Tuna mayo 594 kcal

Coleslaw 561 kcal

Cheese 587 kcal

Baked beans 484 kcal

Chilli bean non-carne 444 kcal

Roasted vegetables 385 kcal

Pub classics

Chilli bean non-carne 629 kcal

Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

NEW Steak & ale pudding 957 kcal

Peas, onion & red wine gravy, mashed potato

11" pizzas

Sourdough base - proved, stretched, topped and freshly baked to order.

Margherita 949 kcal

Mozzarella, fresh basil

Spicy chicken 1374 kcal

Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket

Pepperoni 1111 kcal

Mozzarella, pepperoni

Ham and mushroom 1025 kcal

Mozzarella, ham, mushroom, rocket

BBQ chicken 1111 kcal

Mozzarella, BBQ sauce, chicken breast, red onion, rocket

Roasted vegetable 1044 kcal

Mozzarella, mushroom, roasted pepper, courgette, onion, fresh basil

Vegan roasted vegetable 715 kcal

Mushroom, roasted pepper, courgette, onion, fresh basil

Spicy meat feast 1201 kcal

Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

Additional toppings

Red onion  10 kcal; Sliced chillies   3 kcal

Mushroom  4 kcal; Garlic & herb dip  301 kcal; Mozzarella  164 kcal

Ham 71 kcal; Chicken breast 94 kcal; Maple-cured bacon 91 kcal

Pepperoni  82 kcal; Roasted vegetables  90 kcal

Noodles, salads and pastas

INCLUDES A DRINK 🍹

Ramen noodle bowl 🍲 5% UNDER 500 477 kcal

Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth

Add-ons available at extra cost: Chicken breast (187 kcal); Poached egg 🍳 (63 kcal)

Chicken breast & maple-cured bacon salad UNDER 500 384 kcal

Mediterranean salad 🥗 UNDER 500 349 kcal

Pearl barley, quinoa, butternut squash, wheat berries, red pepper, kale, pumpkin seeds, basil, dressing

Add-ons available at extra cost:

Tuna mayo (298 kcal)

Roasted vegetables 🥕 (90 kcal)

Chicken breast (187 kcal)

Pasta alfredo 🍝 519 kcal

Giant Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket

Add-ons available at extra cost:

Chicken breast (187 kcal); Maple-cured bacon (91 kcal)

British beef & pancetta lasagne 814 kcal. Side salad

Sides and extras

Peas 🥬 133 kcal

Side salad 🥗 111 kcal

Coleslaw 🥬 399 kcal

Sliced chillies 🌶️🌶️🌶️🌶️🌶️ 3 kcal

Garlic pizza bread 🍞 8" 389 kcal 11" 778 kcal

With cheese 🍞 8" 479 kcal 11" 958 kcal

Mushy peas 🍲 248 kcal

Mediterranean side salad 🥗 214 kcal

Roasted vegetables 🥕 135 kcal

Desserts

Millionaire's shortbread 🍪 5% UNDER 500 331 kcal

Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce

Vanilla ice cream 🍦 5% UNDER 500 257 kcal

Two scoops, toffee sauce, Belgian chocolate sauce

Cookie crunch 🍪 5% UNDER 500 287 kcal

Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce

Mini warm chocolate brownie 🍫 5% UNDER 500 397 kcal

Belgian chocolate sauce, vanilla ice cream

Mini warm cookie dough sandwich 🍪 5% UNDER 500 347 kcal

Salted caramel filling, toffee sauce, vanilla ice cream

Fresh fruit and ice cream 🍦 5% UNDER 500 379 kcal

Apple, banana, blueberries, strawberries, vanilla ice cream

Salted caramel sticky toffee pudding 🍮 799 kcal

Vanilla ice cream

Warm chocolate fudge cake 🍰 832 kcal. Vanilla ice cream

Warm chocolate brownie 🍫 697 kcal

Belgian chocolate sauce, vanilla ice cream

Warm cookie dough sandwich 🍪 601 kcal

Salted caramel filling, toffee sauce, vanilla ice cream

British Bramley apple crumble 🍎 602 kcal

Vanilla ice cream

Add-ons available at extra cost:

Vanilla ice cream scoop 🍦 (97 kcal)

Belgian chocolate sauce 🥕 (61 kcal)

Toffee sauce 🍮 (66 kcal)

Banana 🍌 (110 kcal)

Strawberries 🍓 (14 kcal)

Blueberries 🍷 (17 kcal)

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Subject to local licensing restrictions and availability at participating free houses. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See website for full details: jd.wetherspoon.com *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. †Statement of daily Calorie needs from the Department of Health & Social Care.

††Excluding decaffeinated tea and decaffeinated coffee. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

[D]

Tea, coffee and hot chocolate

FREE REFILLS

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —

LAVAZZA

TORINO, ITALIA, 1895



Flat white 🍵 92 kcal

Cappuccino 🍵 102 kcal

Latte 🍵 113 kcal

Mocha 🍵 147 kcal

Espresso ☕ 6 kcal

Black coffee ☕ 6 kcal

White coffee 🍵 24 kcal

Hot chocolate 🍵 169 kcal

Tea

with semi-skimmed milk 🍵 14 kcal

Dairy alternative: oat sachet 🥛 4 kcal

Decaffeinated tea and coffee available.

Biscuits

Walkers shortbread 🍪 151 kcal

Stem ginger biscuit 🍪 123 kcal

Belgian chocolate biscuit 🍪 129 kcal

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on the customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🌶️ = Very mild 🌶️🌶️ = Mild 🌶️🌶️🌶️ = Medium hot 🌶️🌶️🌶️🌶️ = Very hot

🌶️🌶️🌶️🌶️🌶️ = Extremely hot

🍃 Vegetarian 🌱 Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

Adults need around 2000 kcal a day.†



for the facts

drinkaware.co.uk

jd.wetherspoon.com

SUM25CANPIZ