## Haggis, Neeps and Tatties





5	I x mashed potato		I min
5	I x haggis, sliced lengthways	222	I min 30 secs
5	I x mashed swede	<b>***</b>	2 mins
(!)	loosen lid on mashed swede container before cooking		

**NB:** Place fully defrosted mashed potato into a microwaveable jug. Heat for 1 minute. Mix and fluff up with a fork before serving.

NB: ① Remove metal clips from both ends of the Haggis and discard, remove plastic outer casing and put into a blue zest bowl when cooking. This should be done away from ready to eat foods.