

Small Haggis, Neeps and Tatties



VideoSPEC

5

 $\frac{1}{2}$ x mashed potato

45 secs

5

 $\frac{1}{2}$ x haggis, sliced lengthways

45 secs

5

 $\frac{1}{2}$ x mashed swede

1 min



loosen lid on mashed swede container before cooking

NB: Place fully defrosted mashed potato into a microwaveable jug. Heat for 45 secs.
Mix and fluff up with a fork before serving.

NB: ⚠ Remove metal clips from both ends of the Haggis and discard, remove plastic outer casing and put into a blue zest bowl when cooking. This should be done away from ready to eat foods.